

WHO-WHAT-WHERE

RECREATIONAL DEPARTMENT PRIMARY SCHOOL
AMSTERDAM 2024-2025





INTRODUCTION

Welcome to the Recreational department at Lucia Marthas Institute for Performing Arts (LMIPA). We believe that dancing is for everybody, regardless of their age, experience and background. We provide a broad variety of dance classes to all ages. In this WHO-WHAT-WHERE document, you will find all necessary information to join and enjoy our classes. If you still have questions after reading this document, don't hesitate to contact us – our team leader, coordinators, reception, and Marthas Pointers will be happy to help! The contents of this WHO-WHAT-WHERE document are as follows:

SCHOOL TERMS AND THEMES

IMPORTANT DATES

LESSON DRESS CODE

USEFUL INFORMATION AND TIPS

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SCHOOL TERMS AND THEMES

At LMIPA, academic year is divided into school terms, each with their own color and own theme. Regular lessons take place from term A to D, and at the end of each term, their theme is concluded. School term E is dedicated entirely to a performance called the Eindpresentatie. At the beginning of each term, our pupils (from preschoolers to group 6) receive theme books (NED. "Themabooksz") with exciting exercises to try at home. Don't forget to bring your theme book to each lesson to collect Marthas Stickers and eventually receive the Topperdietop sticker diploma!

Term A	From the beginning of the dancing season until the autumn break	Theme: Fairytales	This school term is blue to indicate a beginning, like all life began in the sea long ago, and like a bright blue sky brings a new day full of excitement. Pupils learn about their curriculum and their future skills, and often get to know new teachers and classmates.
Term A+	Autumn break	Holiday special	Autumn break schedule
Term B	From the first week after the autumn break until the Christmas break	Theme: Colors	This term is red to symbolize assimilation, the warmth of getting together, like we would under a Christmas tree.
Term B+	Christmas break	Institute closed	We are closed. However, if you can't sit still during the holidays, check out WinterDays (more information on our website).
Term C	From the first week after the Christmas break until the spring break	Theme: Nature	This term is purple, because it combines blue and red; in the same way, we apply what we learned to create something new.
Term C+	Spring break	Holiday Special	Spring break schedule
Term D	From the first week after the spring break until the May vacation	Theme: World	This term is green to signify growth and creation of new things. Students develop as artists and people, and are ready for new challenges that await them in term E.
Term D+	May vacation	Holiday Special	May vacation schedule
Term E	From the first week after the May vacation until the summer break	Theme: View	The last term is yellow to symbolize harvest, the integration of everything students learned to present it all to the rest of the world as a full-grown artistic project.



IMPORTANT DATES

This is an overview of important dates for the 2024-2025 dancing season. Holidays, specials, lessons and performances – everything you need to be aware of that's happening at Lucia Marthas Institute for Performing Arts. Don't miss anything – put these dates in your schedule!

TERM A

14 October - 20 October	Open lesson week 1
19 October - 25 October	Theme conclusions
28 October - 03 November	Autumn break – Holiday schedule

TERM B

14 December - 19 December	Theme conclusions
20 December - 05 January	Christmas break – institute is closed
28 December	WinterDay in Amsterdam for ADMV, primary school and secondary school
04 January	WinterDay in Amsterdam for primary school and secondary school

TERM C

08 February - 14 February	Theme conclusions
17 February - 23 February	Spring break – Holiday schedule

TERM D

10 March - 16 March	Open lesson week 2
18 April	Good Friday, regular schedule
19 - 25 April	Theme conclusions
20 & 21 April	Easter – institute is closed
26 April	King's Day – institute is closed
28 April - 04 May	May vacation – Holiday schedule

TERM E

05 May	Liberation Day – institute is closed
29 May	Ascension – institute is closed
01 June	Extra rehearsal of the Final Presentation
08 & 09 June	Pentecost – institute is closed
15 June	Extra rehearsal of the Final Presentation
27, 28, 29, 30 June	Final Presentation Amsterdam (option A)
05, 06, 07 July	Final Presentation Amsterdam (option B)
21 - 28 July	SummerCamp/SummerSchool in Austerlitz
18 - 24 August	SummerWeek in Amsterdam
20 August	SummerDay in Amsterdam



LESSON DRESS CODE

At Lucia Marthas Institute for Performing Arts, we have a specific dress code for dance lessons to ensure optimal learning.

All Lessons	Neat hairstyle keeping hair out of the face No jewelry
Toddlers and preschoolers	Ballet leotard ballet unitard tights Danceshoes with soft soles
Primary school	Black dancewear depending on dance styles Danceshoes

Recreational Department's pupils can purchase an exclusive dancewear package at marthasdancewear.nl with a first-time discount (applied automatically). This discount can be used within a month after registration. Scan the QR codes to check out the Marthas Dancewear lesson packages or visit www.marthasdancewear.nl to take a closer look.


**Recreational
lesson package**

Toddlers and preschoolers



**Recreational
lesson package**

Primary school





USEFUL INFORMATION AND TIPS

My Marthas Floor (Mijn Marthas Vloer)

Do you want to quickly and easily find more information about the school, read earlier announcements and stay informed about holiday and schedule updates? Then scan the QR code and get instant access to Marthas Floor – your central source of information. Whether you want to know more about the activities at your location and for your age group, or just revisit important announcements, Marthas Floor offers it all in one place.



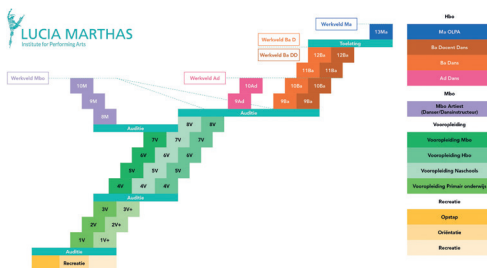
Do you want to become a professional performing artist?

Do you want to elevate your passion for dancing, singing and acting to a new level? Lucia Marthas Institute for Performing Arts offers a variety of educational programs, ranging from preliminary education (VO) to secondary professional (mbo) and higher education (hbo). We designed our curriculum in steps that form a continuous learning trajectory spanning primary education and a master's degree.

Preliminary education trains primary and secondary school students to continue their education at the mbo and hbo levels. Our secondary professional education helps students become dancers and dance instructors, while our higher education programs prepare future performing artists and/or dance teachers. Find audition dates below and don't hesitate to contact us if you have any questions!

Preliminary education auditions (VO)

- 22 March 2025 Auditions group 8
- 13 April 2025 Auditions for all ages (except group 8)
- 31 May 2025 Possible extra audition VO Amsterdam



Commonly used abbreviations

- MK** = Marthas Class (1 hour / week)
- MPK** = Marthas Plus Class (2-3 hours / week)
- MMK** = Marthas Musical Class (3 hours / week)
- ADMV** = General Dance and Musical Development (dance and music lessons for preschoolers)
- MAD** = Marthas Acrobatic Dance
- MEDT** = Marthas Energy Dance Training
- MELT** = Marthas Energy Latin Training
- MEBB** = Marthas Energy Ballet Barre



CONTACT

Contact

Do you have questions or want to know more? We are always happy to help! Find our details below and don't hesitate to contact us about lessons, registration, and any other questions. Are you expecting to miss a lesson or to be absent for some time? Let us know by contacting the General Helpdesk.

Address

Main location Recreatie

Rustenburgerstraat 436
1072 HK Amsterdam
020 - 676 1370

Lijnbaansgracht 260
1017 RW Amsterdam
020 - 676 1370

Gabriël Metsstraat 7
1071 DZ Amsterdam
020 - 676 1370

Quellijnstraat 62
1072 XV Amsterdam
020 - 676 1370

General helpdesk

recreatie@luciamarthas.nl
020 - 676 1370
(daily during opening hours)

Financial helpdesk

facturatie@luciamarthas.nl

Team leader

Kelly Timmers
kelly@luciamarthas.nl

Prefer to contact us by phone? That's possible! On Wednesdays from 2:00 PM to 5:00 PM there is a Marthas Point telephone moment. Call or app to 06 - 15 59 09 26.

Website LMIPA | luciamarthas.nl

Marthas Talent Foundation | marthastalent.nl

Platform | luciamarthas.lifve.nl

Marthas Dancewear | marthasdancewear.nl

Youtube | [luciamarthas_official](https://www.youtube.com/luciamarthas_official)

Facebook | [luciamarthas](https://www.facebook.com/luciamarthas)

Instagram | [luciamarthas_official](https://www.instagram.com/luciamarthas_official)

Tiktok | [luciamarthas_official](https://www.tiktok.com/@luciamarthas_official)

For more information, scan the QR-codes below to see important documents and our digital platforms.



My Marthas Floor
(Mijn Marthas Vloer)



Terms and conditions,
Governance Code,
Complaints procedure



Marthas Talent
Foundation



Marthas
Dancewear