



LUCIA MARTHAS INSTITUTE FOR PERFORMING ARTS  
**WHO-WHAT-WHERE**  
**RECREATIONAL**  
**DEPARTMENT**  
**ROTTERDAM 2025-2026**



# INTRODUCTION

Welcome to the Recreational department at Lucia Marthas Institute for Performing Arts (LMIPA). We believe that dancing is for everybody, regardless of their age, experience and background. We provide a broad variety of dance classes to all ages. In this WHO-WHAT-WHERE document, you will find all necessary information to join and enjoy our classes. If you still have questions after reading this document, don't hesitate to contact us – our team leader, coordinators, reception, and Marthas Pointers will be happy to help! The contents of this WHO-WHAT-WHERE document are as follows:

SCHOOL TERMS AND THEMES
IMPORTANT DATES
LESSON DRESS CODE
USEFUL INFORMATION AND TIPS
CONTACT





# SCHOOL TERMS AND THEMES

At LMIPA, academic year is divided into school terms, each with their own color and own theme. Regular lessons take place from term A to D, and at the end of each term, their theme is concluded. School term E is dedicated entirely to a performance called the Eindpresentatie. At the beginning of each term, our pupils (from preschoolers to group 6) receive theme books (NED. "Themabooksz") with exciting exercises to try at home. Don't forget to bring your theme book to each lesson to collect Marthas Stickers and eventually receive the Topperdietop sticker certificate!

<b>Term A</b>	From the beginning of the dancing season until the autumn break	Theme: Language	This school term is blue to indicate a beginning, like all life began in the sea long ago, and like a bright blue sky brings a new day full of excitement. Pupils learn about their curriculum and their future skills, and often get to know new teachers and classmates.
<b>Term A+</b>	Autumn break	Vacation special	Autumn break schedule
<b>Term B</b>	From the first week after the autumn break until the Christmas break	Theme: Celebration	This term is red to symbolize assimilation, the warmth of getting together, like we would under a Christmas tree.
<b>Term B+</b>	Christmas break	Institute closed	We are closed. However, if you can't sit still during the holidays, check out WinterDays (more information on our website).
<b>Term C</b>	From the first week after the Christmas break until the spring break	Theme: On the road	This term is purple, because it combines blue and red; in the same way, we apply what we learned to create something new.
<b>Term C+</b>	Spring break	Vacation special	Spring break schedule
<b>Term D</b>	From the first week after the spring break until the May vacation	Theme: History	This term is green to signify growth and creation of new things. Students develop as artists and people, and are ready for new challenges that await them in term E.
<b>Term D+</b>	May vacation	Vacation special	May vacation schedule
<b>Term E</b>	From the first week after the May vacation until the summer break	Theme: View	The last term is yellow to symbolize harvest, the integration of everything students learned to present it all to the rest of the world as a full-grown artistic project.



# IMPORTANT DATES

This is an overview of important dates for the 2025-2026 school year. Holidays, specials, lessons and performances – everything you need to be aware of that's happening at Lucia Marthas Institute for Performing Arts. Don't miss anything – put these dates in your schedule!

## TERM A

13 October - 19 October

11 October - 17 October

20 October - 26 October

Open lesson week 1

Theme conclusions

Autumn break – institute is closed

## TERM B

13 December - 18 December

19 December - 04 January

03 January - 04 January

Theme conclusions

Christmas break – institute is closed

WinterDays for Elementary and Secondary Students in Amsterdam (registration required)

## TERM C

07 February - 13 February

09 February - 15 February

16 February - 22 February

Theme conclusions

Open lesson week 2

Spring break – institute is closed

## TERM D

03 April

05 April - 06 April

18 April - 24 April

27 April - 03 April

29 April

Good Friday – regular schedule

Easter – institute is closed

Theme conclusions

May vacation – regular schedule does not apply

Optional vacation special

## TERM E

04 May

14 May

24 May - 25 May

15 June

20 June

16 June - 18 June

Remembrance Day – institute is closed from 5:00 PM

Ascension – institute is closed

Pentecost – institute is closed

Sing-ups opens for the 2026-2027 school year

Last day of classes for the 2025-2026 school year

Optional Final Presentation Rotterdam

## TERM E +

10 August - 16 August

SummerSchool for Elementary and Secondary Students (registration required)



# LESSON DRESS CODE

At Lucia Marthas Institute for Performing Arts, we have a specific dress code for dance lessons to ensure optimal learning.

<b>All lessons</b>	Neat hairstyle keeping hair out of the face No jewelry
<b>Toddlers and preschoolers</b>	Ballet leotard   ballet unitard   tights Danceshoes with soft soles
<b>Primary school   Secondary school</b>	Black dancewear depending on dance styles Danceshoes

Recreational Department's pupils can purchase an exclusive dancewear package at [marthasdancewear.nl](http://marthasdancewear.nl) with a first-time discount (applied automatically). This discount can be used within a month after registration. Scan the QR codes to check out the Marthas Dancewear lesson packages or visit [www.marthasdancewear.nl](http://www.marthasdancewear.nl) to take a closer look.



**Recreational  
lesson package**

Toddlers and preschoolers



**Recreational  
lesson package**

Primary school



**Recreational  
lesson package**

Secondary school





# USEFUL INFORMATION AND TIPS

## My Marthas Floor (Mijn Marthas Vloer)

Do you want to quickly and easily find more information about the school, read earlier announcements and stay informed about holiday and schedule updates? Then scan the QR code and get instant access to Marthas Floor – your central source of information. Whether you want to know more about the activities at your location and for your age group, or just revisit important announcements, Marthas Floor offers it all in one place.



## Do you want to become a professional performing artist?

Do you want to elevate your passion for dancing, singing and acting to a new level? Lucia Marthas Institute for Performing Arts offers a variety of educational programs, ranging from preliminary education (Vooropleiding - VO) to secondary professional (mbo) and higher education (hbo). We designed our curriculum in steps that form a continuous learning trajectory spanning primary education and a master's degree.

Preliminary education trains primary and secondary school students to continue their education at the mbo and hbo levels. Our secondary professional education helps students become dancers and dance instructors, while our higher education programs prepare future performing artists and/or dance teachers. Find the open days and audition dates for below, and don't hesitate to contact us if you have any questions!

### Open days

25 January 2026 Open day Amsterdam  
30 January 2026 Open day Rotterdam  
01 February 2026 Open day Groningen

### Preliminary education Rotterdam

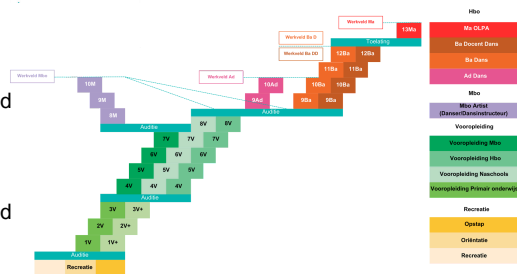
19 March 2026 Auditions group 8  
09 April 2026 Auditions for all age (except group 8)  
1-8 June 2026 Possible extra audition

### Mbo Amsterdam

08 February 2026 Auditions 1st round  
15 March 2026 Auditions 1st & 2nd round

### Hbo Amsterdam & Groningen

08 February 2026 Auditions 1st round  
08 March 2026 Auditions 1st & 2nd round  
22 March 2026 Auditions selections



## Commonly used abbreviations

- MK** = Marthas Class (1 hour / week)
- MPK** = Marthas Plus Class (2-3 hours / week)
- MMK** = Marthas Musical Class (3 hours / week)
- ADMV** = General Dance and Musical Development (dance and music lessons for preschoolers)
- MAD** = Marthas Acrobatic Dance
- MEDT** = Marthas Energy Dance Training
- MELT** = Marthas Energy Latin Training
- MEBB** = Marthas Energy Ballet Barre



# CONTACT

## Contact

Do you have questions or want to know more? We are always happy to help! Find our details below and don't hesitate to contact us about lessons, registration, and any other questions. Are you expecting to miss a lesson or to be absent for some time? Let us know by contacting the General Helpdesk.

### Address

#### Main location

#### Recreational Department

Thorbecke Talentschool

Prinsenlaan 82

3066 KA Rotterdam

050 – 595 5454

#### General helpdesk

[recreatie@luciamarthas.nl](mailto:recreatie@luciamarthas.nl)

020 - 676 1370

*(daily during opening hours)*

#### Financial helpdesk

[facturatie@luciamarthas.nl](mailto:facturatie@luciamarthas.nl)

#### Team leader

Kelly Timmers

[kelly@luciamarthas.nl](mailto:kelly@luciamarthas.nl)

Prefer to contact us by phone? That's possible! On Wednesdays from 2:00 PM to 5:00 PM there is a Marthas Point telephone moment. Call or app to 06 - 15 59 09 26.

**Website LMIPA** | [luciamarthas.nl](http://luciamarthas.nl)

**Marthas Talent Foundation** | [marthastalent.nl](http://marthastalent.nl)

**Platform** | [luciamarthas.lifve.nl](http://luciamarthas.lifve.nl)

**Marthas Dancewear** | [marthasdancewear.nl](http://marthasdancewear.nl)

**YouTube** | [luciamarthas\\_official](https://www.youtube.com/luciamarthas_official)

**Facebook** | [luciamarthas](https://www.facebook.com/luciamarthas)

**Instagram** | [luciamarthas\\_official](https://www.instagram.com/luciamarthas_official)

**Tiktok** | [luciamarthas\\_official](https://www.tiktok.com/luciamarthas_official)

For more information, scan the QR-codes below to see important documents and our digital platforms.



My Marthas Floor  
(Mijn Marthas  
Vloer)



Terms and conditions,  
Governance Code,  
Complaints procedure



Marthas Talent  
Foundation



Marthas  
Dancewear